

Spotlight

Winter 2025



Give the Gift of Mobility This Holiday Season

Happy Holidays! As we celebrate this festive season, we invite you to join us in giving the invaluable gift of transportation to individuals with disabilities. At The Arc of San Diego, our mission is to support and empower children and adults with disabilities in achieving their life goals. Thanks to donors like you, we can make this possible.



Mobility Van

Safe and reliable transportation is an essential part of our services. It allows our clients to access employment opportunities, attend medical appointments, and participate in community activities. For many, transportation means freedom, dignity, and the chance to truly live.

For Shawn Harrigan, a wheelchair-accessible van changed everything. At 55, Shawn lives with cerebral palsy and epilepsy. Before having access to a wheelchair-accessible van, his world was limited. Outings were rare, and plans were often canceled. But everything changed when Shawn gained access to

reliable transportation. Now Shawn enjoys visits to his favorite stores, strolls through the park, and active participation in programs at The Arc's North County Center. For Shawn, transportation did not just improve mobility; it restored independence, nurtured dreams, and transformed his life.

Unfortunately, we continue to face the challenge of an aging fleet that is costly to maintain. When one of our vans breaks down, the impact on our clients can be significant. Although we receive state funding, no monies are available for capital equipment purchases. That is why we need your help. Your donation will help us acquire new vans to provide reliable transportation, reduce maintenance costs, and enhance safety.

To make your donation even more impactful, we are excited to announce that matching funds are available from the Arc San Diego Foundation. For every \$2 you contribute, \$1 will be matched, increasing the value of your gift!

Please consider making a donation today by visiting www.arc-sd.com/vansforgood.



Shawn Harrigan



President's Message

DEAR FRIENDS,

As we approach the close of another remarkable year, I want to take a moment to reflect on the incredible impact we've made together. At The Arc of San Diego, our mission to empower individuals with disabilities continues to thrive because of your unwavering support.



This season is a time for gratitude and for giving. Your generosity ensures that children and adults with disabilities have access to vital programs, opportunities for independence, and the chance to live full, meaningful lives. Every gift you make helps us provide essential services, from employment training to community engagement, and even something as fundamental as safe transportation.

The holidays remind us of the power of connection and compassion. When you give to The Arc of San Diego, you're not just making a donation; you're giving the gift of dignity, freedom, and hope. Together, we can make the coming year brighter for those we serve.

Thank you for standing with us, believing in our mission, and helping create a more inclusive future. From all of us at The Arc of San Diego, we wish you a joyful holiday season and a Happy New Year!

With heartfelt gratitude,



Anthony J. DeSalis, Esq.
President & CEO
The Arc of San Diego

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Outcome Measurements Report

Below is a summary of results from July 1, 2024 – June 30, 2025

The Arc of San Diego annually surveys clients, families, community members and funders in an effort to receive feedback on our programs. Our Outcome Measurements assess the impact of services we provide, document our success and evaluate areas in which we have room for growth. Below is a summary of results from fiscal year 2025:

98% of clients report satisfaction with the overall quality of services.

79% of new enrollees remain in program a minimum of 90 days.

100% of the children served progressed in a minimum of three developmental areas.



31% of clients in day programs actively gave back to their community through volunteer activities.



16% of clients enrolled in The Arc of San Diego's Employment Services have maintained their jobs for more than 5 years, with 24% maintaining the same job for more than 10 years.

15% increase in time efficiency from first contact with The Arc Services to Program Intake/Assessment.



Make The Arc of San Diego Your New Year's Resolution!

As we welcome a new year, it is the perfect time to reflect on how we can make a positive impact in our community. At The Arc of San Diego, our mission is to empower more than 2,000 children and adults with disabilities to achieve their life goals - and you can help make that happen.

This year, we invite you to make The Arc of San Diego part of your New Year's resolution. Whether through giving, volunteering, or advocacy, every action counts toward creating a more inclusive and supportive world.



Here are 5 meaningful ways to get involved in 2026:

1. Donate

Your gift provides life-changing services that foster independence and inclusion. There are many ways to give:

- **Cash, Check, or Credit** – Simple and direct. Donate securely at www.arc-sd.com/donate.
- **Gifts of Securities** – Stocks, bonds, or mutual funds can offer tax benefits.
- **Real Estate Contributions** – Homes or land can create lasting impact.
- **Planned Giving** – Include The Arc in your will or trust.
- **Retirement Accounts** – IRA charitable rollovers are tax-free for those 70½ and older.

Every donation helps us provide essential programs and services for individuals with disabilities.

2. Volunteer

Give your time and talents to strengthen our community. From assisting at events to sharing professional skills, volunteering creates meaningful connections and lasting change.



3. Advocate

Raise your voice for disability rights and inclusion. Advocacy ensures equal opportunities and helps build a more inclusive society. Your voice matters—join us in speaking up!

4. Attend Events

Support our mission by participating in signature events like our Winter Wonderland Fashion Show & Luncheon and our Annual Charity Golf Tournament. These gatherings raise critical funds and celebrate community.

5. Spread the Word

Share our mission with friends, family, and colleagues. Awareness is the first step toward change—help us reach more people who care about making a difference.

Start the year with purpose. Start the year with giving.

To learn more or make your gift today, visit www.arc-sd.com/support or contact Jennifer Bates Navarra, Vice President of Marketing & Development, at (619) 795-4186 or JNavarra@arc-sd.com.

Together, let us make 2026 a year of empowerment and inclusion!

All Fore The Arc of San Diego!

32nd Annual Charity Golf Tournament



Highest Score Winners: Charley Boon, Don Troung, Danny Roth & Trent Fields



Lowest Score Winners: Mark Johnson, Brian Cole, Jenny Cole & Earl Cole

The Arc San Diego Foundation proudly hosted its 32nd Annual Charity Golf Tournament on Monday, September 15, 2025 at La Valle Coastal Club & Resort, where golfers and supporters united for a day of fun, fundraising, and philanthropy. This incredible event has raised millions over the years to support children and adults with disabilities who receive vital services from The Arc of San Diego.

The day commenced at 10:00 a.m. with registration and putting contest, followed by shotgun start at 11:30 a.m. Participants enjoyed barbecue lunch on the course. The awards ceremony reception and live auction began at 3:30 p.m. and Mark Mathias, KUSI Meteorologist, served as emcee and auctioneer.

Congratulations to our lowest-score shamble foursome; Earl Cole, Jenny Cole, Brian Cole, and Mark Johnson. Our highest-score shamble foursome was Charley Boon, Trent Fields, Danny Roth, and Don Troung. Our Closest to the Pin Contest winners were Tom Palmer and Jenny Cole. The day's top Putting Contest scores went to Sergio Panduro, Tom Palmer, and Trent Fields. Congratulations to all participants!



The Arc San Diego Foundation would like to give special thanks for the generous support from our various sponsors:

Albatross Sponsors: Mike Parziale – The Pangea Group, Alliant Insurance, Inc. & Tribal First

BBQ Lunch Sponsor: David Wick – Sungarden Terrace Retirement Community

Eagle Sponsor: Kidder Matthews

Birdie Sponsors: Bruce Schultz – Alcala Country Pet Resort, Procopio, Sharp Health Plan & Richard W. Koeneke – Robbins LLP, Kaiser Permanente, Kahala Travel, Jon Kurtin

Putting Contest Sponsor: Home of Guiding Hands

We are grateful to Tim Himstreet, Tournament Chair and Board Member of the Arc San Diego Foundation, for his outstanding leadership and commitment in making this year's event such a success. Thank you to Tim and our Golf Tournament Committee members – Jorge Ceballos, Paul La Bounty, John Miles, Don Malloy and Rachelle Tubongbanua – for their dedicated support and hard work.

Proceeds from the tournament will provide essential funding for holiday gifts for clients, wheelchair-accessible vans, and support for Our Place, The Arc's wellness program that offers adaptive yoga, fitness, nutrition, and wellness classes.



Our Place Social Recreation Program

The Arc of San Diego's Our Place Wellness Center is all about creating opportunities for connection, creativity, and wellness.

Our Place offers yoga, fitness, dance, nutrition, and social recreation activities that focus on the mental, emotional, and physical health and healing. Founded by Dr. Paul Kurtin, who served for 17 years as Chief Quality and Safety Officer and the Director of the Sadler Center for Quality at Rady Children's Hospital, Our Place reflects The Arc's commitment to fostering inclusion, personal growth, and overall wellness for people with disabilities.

The Arc of San Diego is partnering with Stay Social to offer fun and creative recreational opportunities for neurodiverse adults in San Diego County. These programs have been designed to help individuals expand their social networks, explore personal interests, and engage in meaningful community experiences.

This fall, participants enjoyed activities like interactive games, dance classes, art and creative expression, fitness and wellness sessions, and festive celebrations such as a Halloween costume party and a Friendsgiving talent showcase. Each event is crafted to encourage social interaction, teamwork, and personal growth.

The Fall 2025 program ran from September 20 through November 15, 2025, with sessions held on select Saturdays at 3:00 p.m. at The Sol and Ruth Gerber Family Center. The program is free for clients of the San Diego Regional Center.

We are looking forward to hosting more Our Place sessions in 2026!

For more information about this program, please go to www.arc-sd.com/ourplace or contact Melanie McCoy, Senior Director of Adult Day Services at (619) 685-1175 ext 1241 or MMcCoy@arc-sd.com.

Our Place; where you belong just as you are.



The Arc of San Diego Honored with Employment Award

The Arc of San Diego Employment Services has been recognized with the Empowerment Award at the San Diego Regional Center (SDRC) Employment Services Conference 2025. This prestigious award celebrates our unwavering commitment to empowering individuals with intellectual and developmental disabilities through meaningful employment opportunities.

The award inscription reads: *“Thank you for your invaluable contribution to the empowerment of individuals with developmental and intellectual disabilities. Your unwavering commitment to workforce inclusion creates a*

lasting impact, as we continue striving together towards a future where employment has no limits.”

This recognition is especially meaningful because of the strong partnership between SDRC and The Arc of San Diego. SDRC plays a vital role in connecting individuals with disabilities to resources that help them thrive. Many of the clients we proudly serve are referred to us through SDRC, and together, we work hand-in-hand to create pathways to independence, dignity, and success for individuals with disabilities.

At The Arc of San Diego, we believe employment is more



than a job - it is a gateway to confidence, community, and a brighter future. Receiving this award affirms the impact of our shared mission: to ensure that every individual, regardless of ability, has the opportunity to contribute their talents and achieve their goals.

We are honored to collaborate with SDRC and grateful for this recognition. Together, we are building a future where employment has no limits!

MTS Employee Partnership

The Arc of San Diego proudly recognizes its long-standing partnership with the San Diego Metropolitan Transit System (MTS) - a collaboration that has opened doors for individuals with disabilities to thrive in meaningful employment.



For over 20 years, MTS has partnered with The Arc of San Diego to provide jobs in bus detailing services at its Downtown and Kearny Mesa facilities. This partnership is more than a work opportunity; it is a testament to inclusion, dignity, and the belief

that everyone deserves a chance to contribute to their community. Today, 12 dedicated employees and four job coaches from The Arc work tirelessly to ensure MTS buses are clean, safe, and ready for passengers and operators. Their efforts were especially vital during the COVID-19 pandemic, when sanitation became a critical priority for public health.

In 2025, The Arc of San Diego provided training and support to more than 350 individuals with disabilities and placed over 110 people in jobs of their choice throughout San Diego County. We partner with more than 100 local businesses, municipalities and government agencies that employ individuals with disabilities.

“We are proud to recognize our partnership with the Metropolitan Transit System (MTS) and celebrate the valuable contributions made by individuals with disabilities who are providing this valuable service for MTS,” said Anthony DeSalis, President & CEO of The Arc of San Diego. “MTS is a remarkable community partner who supports our mission of empowering individuals with disabilities to achieve their life goals, including their career goals.”

Bryan Holker: Honoring Decades of Generous Support



We are proud to shine a spotlight on Bryan Holker, recipient of the Arc San Diego Foundation's 2025 Circle of Light Silver Award. Bryan has been a steadfast supporter of The Arc of San Diego for more than 30 years, making a lasting impact on the lives of individuals with intellectual and developmental disabilities.

Bryan is the President and Owner of BD Holdings, Inc., Shopping Center Investment Brokers, a firm specializing in retail property investment sales. With over 30 years of expertise in shopping center sales, Bryan has successfully managed and syndicated numerous retail investment properties and oversees multiple commercial properties.

Beyond his professional success, Bryan is deeply committed to giving back and supports a number of nonprofits throughout the community. His dedication to helping others reflects his belief in making a positive difference.

Bryan first learned about The Arc of San Diego through his close friends, the Kurtin family, and began supporting our mission in the early 1990s. His early contributions to our Dinner Auction helped raise critical funds for programs and services. Over the years, Bryan has continued his generous support through the Arc San Diego Foundation Golf Tournament and the Annual Gala, demonstrating his unwavering commitment to our cause.

"We are grateful for Bryan's commitment to The Arc of San Diego and proud to recognize him with our Circle of Light Silver Award in honor of his generous support of our organization," said Anthony J. DeSalis, Esq., President & CEO of The Arc of San Diego. "His dedication has made a meaningful difference in the lives of individuals with disabilities, and we deeply appreciate all he has done to support our mission."

Bryan's support has made an incredible impact in helping The Arc of San Diego provide essential life services for more than 2,000 children and adults with disabilities each year. Bryan's loyalty and generosity have been instrumental in helping us achieve our mission.

Join Bryan in making a difference! Your financial support helps us provide vital programs and services to individuals with disabilities across San Diego County. To learn more about how you can make a donation, please visit our website at www.arc-sd.com/donate.

Timing Your Year-End Gift

To qualify for a tax deduction in 2025, your gift must be postmarked, delivered, or transacted by Wednesday, December 31st.

Here are some helpful hints:

US Postal Service

The postmark on the envelope is the date of the gift not the date on the check.

Other Delivery

Donations sent via FedEx, UPS, or other third party - the date the nonprofit signs for the package, not the date it was sent, is the date considered effective for 2025 tax purposes.

Credit Card

The date your card is charged is considered the date of the donation.

Stock Transfer

The date a gift of stock is deposited in the nonprofit brokerage account is the date of the

gift, not the date the donor instructs the broker to make the gift.

In the interest of time, it may be wiser for you to make your gift by telephone or online to avoid mailing or shipping delays and assure your credit card gift is processed in time to count for 2025 tax purposes.

Telephone

Call (619) 685-1175 by 4:00 p.m. PST on Wednesday, December 31, 2025.

Online

Use our secure online giving form, www.arc-sd.com/donate. Deadline is 11:59 p.m. in your time zone on Wednesday, December 31, 2025.

**THANK YOU FOR
YOUR GENEROSITY**



The Arc
of San Diego

The Arc of San Diego

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