



## Caring Futures

*A community of sharing & strength*

***Support, skills and community for parents and caregivers of adults with disabilities.***



Dear Clients, Family Members, and Caregivers,

The Arc of San Diego is proud to announce our partnership with The Arc of California for the launch of Caring Futures. Today marks the beginning of a new era in the support and empowerment of caregivers across the state.

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**What is Caring Futures?**

Caring Futures is a groundbreaking initiative aimed at providing comprehensive support, resources, and education to caregivers throughout California. As an organization dedicated to enhancing the lives of individuals with disabilities and their families, we believe that supporting caregivers is a pivotal step in ensuring a better future for everyone.

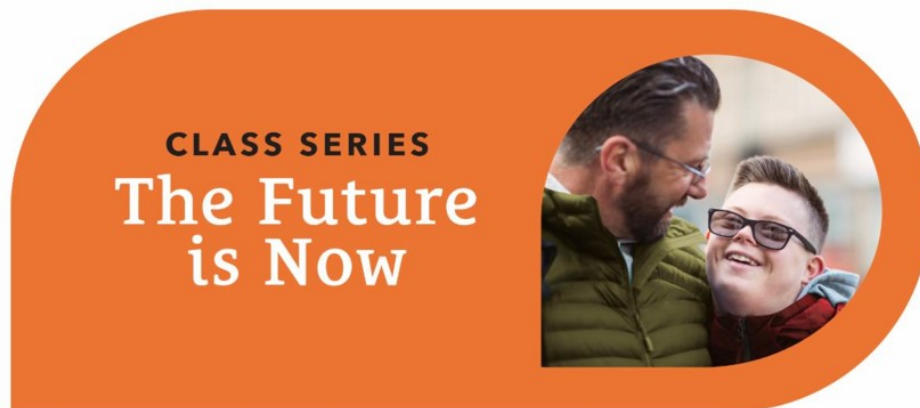
## How Can You Get Involved?

We invite you to explore the newly launched websites in both English ([caringfutures.org](https://caringfutures.org)) and Spanish ([futurosyesperanza.org](https://futurosyesperanza.org)) to learn more about Caring Futures. These platforms are rich with information about the resources available, upcoming classes, and ways to get involved.

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## Register for Classes and Join the Community

Caring Futures offers a range of classes designed to meet the diverse needs of caregivers. Whether you are looking for practical tips, emotional support, or specialized training, there is something for everyone. Visit the websites today to register for classes and join the private [Facebook Group](#) exclusively for parents and family caregivers.



[Sign Up for Classes](#)

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## A Pivotal Moment for the Disability Community

This launch is a pivotal moment as we strive to make resources and classes accessible to the entire disability community in California. We believe that by coming together, sharing knowledge, and supporting one another, we can create a stronger and more

inclusive community for individuals with disabilities and their caregivers.

Get involved today! Visit [CaringFutures.org](https://CaringFutures.org) to sign up for classes, explore our Resource Library, and share information to build a supportive community.

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## En Español También

Este programa será ofrecido en español bajo el nombre, **Futuros y Esperanza**, e invitamos a todos nuestros socios de habla hispana también a asistir.

# Futuros y Esperanza

*Una comunidad de intercambio y fortaleza*

[Ver en Español](#)

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We encourage you to spread the word and join us in making Caring Futures a success. Together, we can build a brighter future for caregivers and the individuals they support.

Thank you for your continued trust and support!

***The Arc of San Diego***

[More Information](#)



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