

Mission

The Arc of San Diego supports and empowers people with disabilities to achieve their life goals.

Seeking Services

Individuals may self-refer or be referred by a personal representative such as a parent, conservator, care provider or San Diego Regional Center Service Coordinator.

For more information:
Email: info@arc-sd.com
Call: (619) 685-1175

Ways to Help

- Make a Donation
- Leave a Gift in your Will or Estate
- Volunteer
- Share Our Mission with Others
- Join Our Social Media Community:



@TheArcSanDiego



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The Arc of San Diego is the largest, most comprehensive provider of services for people with disabilities in San Diego County. Founded in 1951 by parents and other community members who were concerned about the lack of services available for people with disabilities and their families, The Arc provides services for 2,000 children and adults with intellectual and developmental disabilities at more than 20 locations throughout the county. Through our programs we are able to offer support to people with disabilities in living independent and fulfilling lives.



Programs at The Arc of San Diego

We are proud of the wide range of programs we offer. Our staff works in collaboration with other professionals such as speech therapists, psychologists, and nutritionists, as well as by partnering with community resources and other nonprofits to seek the best possible support for those we serve.

Services provided by The Arc of San Diego include...

- Day Training Services
- Community Inclusion Services
- Employment Services
- Residential Services
- Independent Living Services
- Respite Services
- Recreation & Health and Wellness Programs
- Early Intervention Services
- Tailored Day Service Option
- Supported Living Services

