

# January 2019



# Leisure Express Local January '19

Sun	Mon	Tue	Wed	Thu	Fri	Sat
		1	2 Tap Fever	3	4	5 Birch Aquarium
6	7	8	9 Tap Fever	10	11	12 SeaWorld
13	14	15	16 Tap Fever	17	18	19 Gulls Game
20	21	22	23 Tap Fever	24	25	26
27	28	29	30 Tap Fever	31		

**How to Sign-Up for an Activity:**  
First, fill out the enclosed priority form, place an "X" on the appropriate line indicating your transportation plans. Email, fax, or mail (with a self-addressed stamped envelope) the completed form and payment to The Arc of San Diego by:

**Friday, December 28th, 2018**

You will receive confirmation via email or by mail **after December 28th** 2018 indicating the activities you are confirmed for. This will also include drop off and pick up times. A few days before the activity, you will receive a reminder phone call or email.

For all events, please mail a check to: "The Arc of San Diego - Leisure Express" with your priority **including transportation costs**. There are no refunds for activities.

Each activity has a maximum capacity based on several factors including transportation, tickets, and staffing availability. While we try to get you into every activity you sign-up for, it is not always possible.

Please be at the designated pick-up place early! We only wait **5 minutes** after the indicated time before we must leave. Call or email with any questions.

### COMING UP

- ◆ Valentine's Day Dance
- ◆ Disney's Aladdin
- ◆ Mesa Rim Adaptive Climbing



**Transportation:** Pick-up and drop-off times will be indicated in your confirmation letter.

Include gas fees in your activity payments. You will be notified of possible changes in your reminder email or phone call. Thank you for your understanding.



**The Our Place Wellness Center** is open most Mondays, Fridays, and Saturdays at North Shores Vocational Center on Aero Drive. More information is on the next page.

The Sulpizio Family Center  
3030 Market Street  
San Diego, CA 92102  
Phone: 619-685-1175, ext. 222  
Fax: 619-234-3759  
Email: [ejunge@arc-sd.com](mailto:ejunge@arc-sd.com)  
Website: [www.arc-sd.com/recreation](http://www.arc-sd.com/recreation)

# JANUARY 2019 ACTIVITIES



Tap Fever Studios has experience working with individuals with disabilities and is excited to provide dance opportunities for all. Classes are a mix of dance styles, but mainly hip-hop, jazz, and contemporary.

**When:** EVERY WEDNESDAY IN JANUARY  
12:00-12:50PM

**Where:** 2180 Garnet Ave. #1F  
San Diego, CA 92109

**Cost:** **PRE-PAY ACTIVITY**  
\$5.00 per person

**Transportation provided.**



See more than 5,000 fish in 60+ habitats plus a museum featuring cutting edge research from Scripps Institution of Oceanography, UC San Diego.  
\*Food is not included.

**When:** Saturday, January 5th, 2018  
10:00am-2:00pm

**Where:** 2300 Expedition Way  
La Jolla, CA 92037

**Cost:** **PRE-PAY ACTIVITY**  
\$26.00 per person

**Transportation is provided from Arc San Diego and El Cajon.**



Come join us, where guests are immersed in wonder at SeaWorld San Diego. Experience one-of-a-kind attractions, thrilling rides and up-close animal interactions  
\*Food is not included.

**When:** Saturday, January 12th, 2018  
10:00am-4:00pm

**Where:** 500 Sea World Drive, San Diego, CA 92109

**Cost:** **PRE-PAY ACTIVITY**  
\$85.00 per person

**Transportation is provided from Arc San Diego and El Cajon.**



Come join us for a San Diego Gulls Game. It's Star Wars night, so come in your best gear as we cheer on the Gulls!  
\*Food is not included.

**When:** Saturday, January 19th, 2018  
7:00pm-10:00pm

**Where:** 3500 Sports Arena Blvd, San Diego, CA 92110

**Cost:** **PRE-PAY ACTIVITY**  
\$41.00 per person

**Transportation is provided from Arc San Diego and El Cajon.**

## Transportation Locations

**Arc San Diego**  
The Sulpizio Family Center  
3030 Market Street  
San Diego, CA 92102

**El Cajon**  
Petco  
540 N 2nd Street  
El Cajon, CA 92021

**Arc North County**  
North County Training Center  
1336 Rancheros Drive  
San Marcos, CA 92036

**Arc North Shores**  
North Shores vocational Center  
9575 Aero Drive  
San Diego, CA 92123